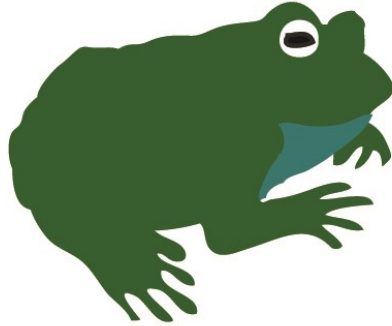




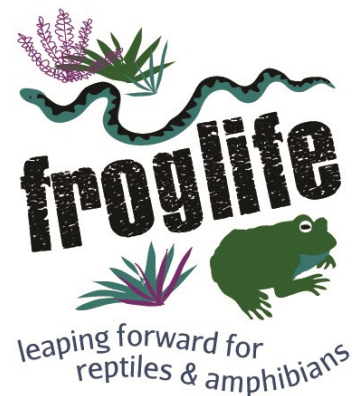
# green pathways



wildlife & community action  
by young people

**Get out there and feel the dirt!**

**Do you sometimes feel your life is harder than it should be?**  
Green Pathways is a Froglife youth project for young people aged 5-19 just like you. Explore the wild side of your community and help yourself through the hard times.



## WE WANT TO HELP YOU...

- have greater confidence
- talk to people more easily
- feel positive about yourself
- control your behaviour
- improve your practical skills
- enjoy yourself
- increase your knowledge of the outdoors



## WHO IS IT FOR?

We work with anyone aged 5-18 who has extra difficulties in their life; for example you might :

- lack confidence
- suffer from anxiety
- have negative thoughts
- have difficulty making friends
- get in trouble at school
- be in care
- have got yourself in with the wrong crowd
- have difficulty concentrating



## WHAT IS ON OFFER?

### We could:

- paint a wildlife-themed mural
- dig a pond
- create a wildlife garden
- hunt for snakes
- burn stuff and cook outdoors
- use sharp tools to improve habitat for wildlife
- construct wildlife homes
- create outdoor art
- grow stuff
- hunt for fossils
- build a den
- climb a tree

### More detail

- If you want to take part during term-time, you can have 10 sessions spread over a term, where each session is around 2 hrs
- During school holidays you can have 4 sessions where each session can be longer than 2 hrs
- We usually meet with you and a teacher, parent or guardian first to discuss what you want to do
- We can collect you from school or home

### Sessions can:

- happen during or after school , or in the holidays
- be one-to-one
- include your family (but only if you want it to)
- involve a small group of young people you know, or introduce you to new people you don't



## IMPORTANT STUFF

- Its **free** to take part
- We can help you with transport and outdoor kit
- **You** control what you do
- It's your choice to get involved
- Sessions are practical and outdoors and linked to wildlife



## CONTACT

**For more information, please contact:**

Rebecca Neal

Conservation Youth Worker: Green Pathways Project

01733 602102 or 07772 318961

[rebecca.neal@froglife.org](mailto:rebecca.neal@froglife.org)

**or visit:** [www.froglife.org/greenpathways/peterborough](http://www.froglife.org/greenpathways/peterborough)

Froglife is a UK wildlife charity committed to the conservation of amphibians and reptiles.  
Working with people, enhancing lives together for a healthier planet.

Find out more about our education projects and activities at [www.froglife.org](http://www.froglife.org)  
Froglife is the campaign title for *The Froglife Trust*, Registered Charity No 1093372,  
Registered Company No 4382714 in England and Wales.

