1. Print the lizard template onto card, colour it brown and cut out.

2. Cut out a 12x5cm rectangle from brown tissue paper.

3. Fold into thirds, then twist into a long thin strip.*

4. Put glue on the lizard’s body, then starting from the tip of the tail, stick down the twisted strip.

5. Repeat steps 2 and 3 two more times. Glue each strip as far down the lizard’s body as it will fit and trim any that are too long.

6. Repeat steps 2 and 3 again. Curl this strip into a roughly triangular shape so that it fits the shape of the lizards head. You will probably have to make the length shorter.

7. Glue the edge of the spiral and stick the end in place. Hold while it dries.

8. Glue the head shape onto your lizard as shown.

*Tip: Instead of twisting the tissue paper you could scrunch it into lots of small balls to stick on instead.