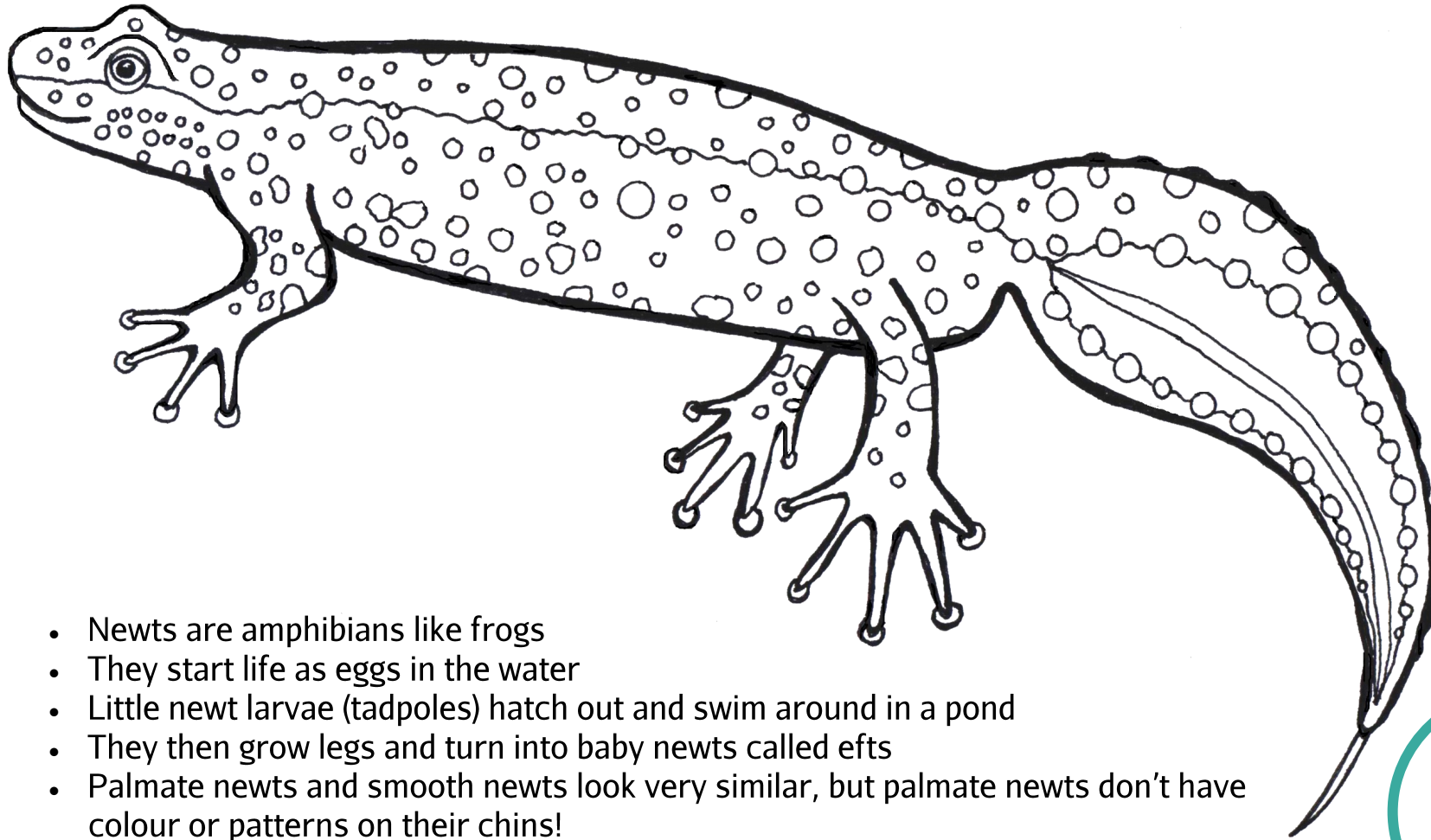


Palmate newt

(*Lissotriton helveticus*)



- Newts are amphibians like frogs
- They start life as eggs in the water
- Little newt larvae (tadpoles) hatch out and swim around in a pond
- They then grow legs and turn into baby newts called efts
- Palmate newts and smooth newts look very similar, but palmate newts don't have colour or patterns on their chins!



Illustration by SamTaylor

Froglife is a UK wildlife charity committed to the conservation of amphibians and reptiles - working with people, enhancing lives together for a healthier planet. Find out more about our education projects and activities at www.froglife.org